

# Ashford Health and Wellbeing Board

Minutes of a Meeting of the Ashford Health & Wellbeing Board held on the **19<sup>th</sup> October 2016**.

## Present:

Dr Navin Kumta – (Chairman);

Faiza Khan – Public Health, KCC;

Sheila Davison – Head of Health, Parking and Community Safety, ABC;

John Bridle – HealthWatch Representative;

Helen Anderson – Chair, Local Children’s Partnership Group;

Christina Fuller – Head of Culture, ABC;

Deborah Smith – KCC Public Health;

Neil Fisher – Head of Strategy and Planning, CCG;

Councillor Paul Clokie - Portfolio Holder for Housing and Home Ownership, ABC;

Lisa Barclay- CCG

Rachel Ransley- Service Manager, Childrens and Young Persons Service, KCC

Anne Forbes - Refugee Resettlement Co-Ordinator, ABC

Belinda King- Management Assistant, ABC

Keith Fearon – Member Services Manager, ABC.

## Apologies:

Peter Oakford – Cabinet Member, KCC, Geoff Lymer – KCC, Philip Segurola, KCC Social Services, Cllr Brad Bradford - Portfolio Holder for Highways, Wellbeing and Safety, ABC, Tracey Kerly - Chief Executive, ABC, Simon Perks- Accountable Officer, CCG, Mark Lemon- Policy and Strategic Relationships, KCC, Charlie Fox – Voluntary Sector representative.

## 1 Notes of the Meeting of the Board held on the 20<sup>th</sup> July 2016

- 1.1 The Chairman said that it was with sadness he had to report that Martin Harvey, the Patient Participation Representative, had passed away since the previous meeting in July. He said he was sure that the Board would wish to acknowledge and reflect on the hard work he had undertaken in his role.

**The Board agreed that the notes were a correct record.**

## 2. Update on Ashford Health and Wellbeing Board Priorities

### (a) Reduced Smoking Prevalence Update Report

The report detailed progress to date in terms of the work of the Ashford Smoking Task and Finish Group in its aims to reduce smoking prevalence in Ashford. Deborah Smith explained that progress had been made in terms of all of the actions and she referred in particular to the placement of the voting

cigarette litter bins which could in future be used to obtain smokers' views on a variety of smoking and health related issues. The initial 'warm up' question had been about preferences between the TV programme Strictly Come Dancing and X Factor, but Deborah Smith advised that the questions would change over time. She drew attention to the proposed Vape shop event which was to be held on the 27<sup>th</sup> October 2016, whereby relevant shopkeepers would be invited to an evening with a view to raising their awareness in terms of steps smokers could take to cease smoking.

In response to a question, Deborah Smith advised that a separate service was responsible for work within schools on smoking initiatives. She indicated that the Task and Finish Group were also considering a proposal to establish a smoke-free school gates scheme.

In response to a further question about whether the various smoking initiatives would be rolled out to the rural areas including Tenterden, Deborah Smith explained that she had met with Parish Councils and alerted them to the various resources which were available. She confirmed that if any Parish Council required assistance, her team would be happy to help with support.

Sheila Davison also explained that the Borough Council was in contact with Tenterden Town Council over the smoke-free play area project.

**The Board agreed:**

- (i) the approach and progress against the Action Plan.**
- (ii) to support the Vape Event as set out in paragraph 3.5 to be delivered on Thursday 27 October 2016.**
- (iii) the format of the communication report and further quarterly updates be agreed.**

**(b) Healthy Weight Update Report**

Deborah Smith advised that the report set out progress to date with specific emphasis on delivery in lower socio-economic areas where obesity rates were high.

Sheila Davison believed that the communication report for both healthy weight and smoking would be usefully added to the dedicated Health and Wellbeing web page on the Borough Council's website.

In reference to paragraph 3.6 – Review Healthy Weight Programme for Children, Deborah Smith agreed that progress on this initiative could be reported to the next meeting, together with information on an action plan for obesity.

**The Board agreed:**

- (i) the approach and progress against the Action Plan.**

- (ii) **the report on the Healthy Weight Programme Review and a National Action Plan for Obesity be included on the agenda for the January 2017 meeting.**

### **3. Kent Health and Wellbeing Board Meetings 20<sup>th</sup> July and 21<sup>st</sup> September 2016**

- 3.1 The Agenda contained links to the full agenda papers for the above meetings. The Chairman gave a brief summary of the issues discussed at the meetings.

### **4. East Kent Strategy Board Update: Better Health & Care in East Kent – Time to Change**

- 4.1 Included within the agenda papers for the meeting was a document produced by NHS East Kent entitled “Better Health and Care in East Kent: Time to Change”.

- 4.2 The Chairman gave a detailed presentation on the content of the document which had subsequently been published with the agenda for the meeting and was available on the Council’s website under <https://secure.ashford.gov.uk/committeesystem/ViewAgenda.aspx?MeetingId=3047>

- 4.3 The Chairman said that the document acknowledged that there was a need to close up some “gaps” in the health and social care system and across East Kent there was a wish to reduce:

- Health and wellbeing gap
- Care and quality gap
- Financial and efficiency gap

John Bridle considered there was certainly a need for the population to be responsible for their own health in terms of lifestyle choices etc, however, he believed there was also a need to invest more money in the service. He also explained that there was an event being held that day at the William Harvey Hospital at which Healthwatch were trying to get the message across to hard to reach groups.

- 4.4 Neil Fisher advised that in terms of finance it had been made clear to the CCG that there would be no extra funding and nationally the NHS would have to find in the region of £20bn in savings.

- 4.5 In terms of the proposal to establish 16 health centres, Neil Fisher explained that these broadly related to localities rather than physical buildings and they were comprised of current GP practices who were coming together to look to work as one provider.

- 4.6 Neil Fisher said that it was clear that it was national policy to move towards providing care out of the hospital environment and in the New Year a consultation document would be published, although at this stage there were no clear options available for consideration. He drew attention to the

document entitled 'Transforming Health and Care in Kent' which was on the CCG website and which included a link to a survey and he said he would encourage Board members to view the site and complete the survey. For Ashford there would be a discussion between GP providers and the Community Health Trust. The likely commissioning date for the new service would be 2018/19 and at this stage the CCG were considering awarding a 10 year contract containing specific outcomes expected of the providers.

- 4.7 Councillor Clokie asked why the process to establish the new system of health provision had taken so long to progress and consult upon as the concept of enabling surgeries to become multi-use health providers and therefore reducing hospital admissions had been discussed a number of years ago.
- 4.8 Neil Fisher clarified that consultation was a legal requirement and those exercises had to run for a period of 12 weeks. The Chairman also explained that the process had taken time to reach the stage it was currently at and that it involved a change in culture of the GP practices.
- 4.9 During further discussion, the Board accepted that early intervention and prevention of health issues was the key in reducing the numbers that needed to have primary care. There would need to be a discussion between Partners to find agreement as to how the preventative programme could be best delivered.
- 4.10 In conclusion the Chairman said broadly that people would need to change the way they accessed services which had to be available at times which were convenient for members of the public.

**The Board agreed that the report and presentation be received and noted.**

## **5. Strategic Transformation Plan**

- 5.1 Neil Fisher advised that this item had been largely covered under the previous item "Better Health and Care in East Kent".

## **6. Children and Young People**

### **(a) Emotional Health and Wellbeing**

Helen Anderson and Lisa Barclay gave a presentation on "Children and Young People – Emotional Health and Wellbeing". The report and presentation had been published on the Council's website under <https://secure.ashford.gov.uk/committeesystem/ViewAgenda.aspx?MeetingId=3047>

Lisa Barclay referred to the slide which showed all the services provided by different agencies and considered there was a need to collectively scope how they could all work better together to provide an improved service. Paramount to this was also how steps could be taken to improve how young people were engaged in this process.

Circulated at the meeting was a document entitled “Making Resilience Everyone’s Business” produced by HeadStart Kent who had obtained £10m funding from the Big Lottery. She also referred to a video she had hoped to be able to show at the meeting, however, this had not proved possible. The link to the video is <https://vimeo.com/156168943>.

In response to a question about how people were made aware of what services were available, Lisa Barclay said that they were examining ways in which opportunities to share information, had been undertaken as part of a scoping exercise.

#### **(b) Looked After Children**

Rebecca Ransley, Service Manager for Children and Young Persons Scheme, gave a presentation which had been included within the agenda for the meeting and was also available on the Council’s website under <https://secure.ashford.gov.uk/committeesystem/ViewAgenda.aspx?MeetingId=3047>

During the presentation, Rebecca Ransley explained that one of the major challenges facing Kent was that there were an insufficient number of foster carers and adopters. She explained that there were 158 children in care in Ashford and her team undertook a significant amount of work in terms of sexual health, drugs and alcohol awareness which were important in terms of reducing potential problems as the children grew into adults. Helping at this age also had a massive impact on their future health.

Anne Forbes explained that the Borough Council had been assisting families and teenagers who had moved to the Borough as part of the Syrian Vulnerable Persons Relocation Scheme. She asked whether help would be available via the Children and Young Persons Service. Rebecca Ransley explained that as the Syrian teenagers were within current family arrangements, they fell outside of her team’s work, however, Lisa Barclay suggested that there was a need to look how the services linked with each other to help provide support.

The Board agreed that a recommendation to this effect would be appropriate.

In conclusion, Rebecca Ransley explained that there was a need for approximately an additional 40 foster carers for Ashford alone and asked Partners to assist in encouraging families to come forward to make themselves available for carers support. Further information was included on the Kent County Council website.

#### **(c) Syrian Vulnerable Persons Relocation Scheme**

Anne Forbes referred to a report she had produced and which was included within the agenda for the meeting entitled “Syrian Vulnerable Persons Relocation Scheme in Ashford” and said she wished to thank all agencies for their help in terms of establishing a support network for Syrian families who had arrived prior to Christmas 2015. She explained there had been no blueprint for the re-settlement of refugees in the UK and therefore putting arrangements in place had been a steep learning curve.

Councillor Clokie said he believed that the Officers had worked very well on the scheme and he considered the families had settled very quickly and advised that some were now in employment. Anne Forbes drew attention to paragraph 12 of her report which dealt with removing barriers to successful integration of the Syrian refugees and said that some problems were common to other members of the community such as gaining access to GP services. Anne Forbes said she sought the Board's support for assistance in securing support for the Syrian refugees especially when their eligibility for the various mainstream funded projects was not immediately obvious. Helen Anderson advised that there was a local Children's Partnership Group meeting on 21<sup>st</sup> October 2016 and she said she would be happy to take the message back in terms of providing support to the Syrian community.

**The Board agreed that:**

- (i) support be given to plans for the further alignment of services and partnership working in this area of work.**
- (ii) providers be brought together to discuss ways in which improved partnership working could improve services.**
- (iii) to support Ashford Borough Council's Refugee Resettlement Project to enable, ensure and improve access to health and social care services for the refugees re-settled in Ashford through the SVPR Scheme and, where possible extend initiatives to other individuals or groups who have settled in Ashford but who are not supported directly under the Scheme.**

## **7. Partner Updates**

7.1 Included with the Agenda were A4 templates submitted by all Partners apart from the Kent County Council (Social Services).

**(a) Clinical Commissioning Group (CCG)**

Update Noted

**(b) Kent County Council (Social Services)**

Not provided.

**(c) Kent County Council (Public Health)**

Faiza Khan went through in detail the issues set out within the Partner update. She focussed on the series of slides included within her presentation regarding hip fractures and injuries from falls and undertook to supply the slides in a larger format for circulation to Board members. Neil Fisher explained that falls were included within the Better Care Plan but he was not aware of who was the service lead.

The Chairman suggested that the falls issue be discussed at the Local Officers Group and report back with an update to the January meeting of the Board.

**(d) Ashford Borough Council**

Update noted.

**(e) Voluntary Sector**

Updated noted.

**(f) HealthWatch Kent**

Update noted.

**(g) Ashford Local Children's Partnership Group**

Updated noted.

## **8. Forward Plan**

- 8.1 Neil Fisher advised that the Strategic Transformation Plan would need to move to the April 2017 meeting but the Integrated Commissioning Plan could take its place for the January 2017 meeting. This meeting also to receive an update on the Ashford Falls Strategy.
- 8.2 Deborah Smith considered it would be appropriate for the Board at its April 2017 meeting to set the priorities for the forthcoming year and advised that for the July meeting it would be possible to report back on the outcome of the work in terms of stop smoking and the healthy weight priorities.
- 8.3 In terms of the aim of working better together, Deborah Smith considered that the issue of how the Partners could better meet challenges should be addressed. The issue should be discussed by the Local Officers Group with a view to an item being placed on the agenda for the April 2017 meeting. The Chairman also suggested that the focus for the July 2017 meeting be the "Time to Change" consultation outcome.

## **9. Dates of Future Meetings**

- 9.1 The next meeting would be held on 18<sup>th</sup> January 2017. This would focus on Environment.

(KRF/AEH)

MINS: Ashford Health & Wellbeing Board - 19.10.16

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